



Pine Rivers Tri Sports Club Inc.

CODE OF BEHAVIOUR

Introduction

Welcome to the Pine Rivers Tri Sports triathlon club. We, as a sporting club and part of the wider community, wish that all involved with the club have high standards in the way we conduct ourselves at all times, including when training for triathlon and representing our club at organised events.

To this effect the club has adopted this code of conduct to help all involved with the club know what is expected of them in terms of their behaviour when at club events, be they training sessions, social meets or races.

At all times we are to:

- Operate within the rules and spirit of our sport, promoting fair play over winning at any cost.
- Encourage and support opportunities for people to learn appropriate behaviours and skills.
- Support opportunities for participation in all aspects of the sport.
- Treat each person as an individual.
- Display control and courtesy to all involved with the sport.
- Respect the rights and worth of every person regardless of their gender, ability, cultural background or religion.
- Respect the decisions of officials, coaches and administrators in the conduct of the sport.
- Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance will exist) with people under the age of 18 years.
- Adopt appropriate and responsible behaviour in all interactions.
- Adopt responsible behaviour in relation to alcohol and other drugs.
- Act with integrity and objectivity, and accept responsibility for your decisions and actions.
- Ensure your decisions and actions contribute to a safe environment.
- Ensure your decisions and actions contribute to a harassment free environment.
- Do not tolerate harmful or abusive behaviours.

Social Media Behaviour

When posting on the PRTSC Social Media sites, always:

- Be respectful.

- Think before you post: Use sound judgement and think about reactions to your post before you post it.
- Present yourself (and your club) in a truthful and fact-based manner. Avoid making derogatory comments.
- Be conscious of your online persona.
- If in doubt, remain courteous and fact-based at all times.

Athletes

- Give your best at all times.
- Participate for your own enjoyment and benefit.

Coaches

- Place the safety and welfare of the athletes above all else.
- Help each person (athlete, official etc.) reach their potential - respect the talent, developmental stage and goals of each person and compliment and encourage with positive and supportive feedback.
- Any physical contact with a person should be appropriate to the situation and necessary for the person's skill development.
- Be honest and do not allow your qualifications to be misrepresented.

Officials

- Place the safety and welfare of the athletes above all else.
- Be consistent and impartial when making decisions.
- Address unsporting behaviour and promote respect for all people.

Administrators

- Act honestly, in good faith and in the best interests of the sport as a whole.
- Ensure that any information acquired or advantage gained from the position is not used improperly.
- Conduct your responsibilities with due care, competence and diligence.
- Do not allow prejudice, conflict of interest or bias to affect your objectivity.

Parents

- Encourage children to participate and have fun.
- Focus on the child's effort and performance rather than winning or losing.
- Never ridicule or yell at a child for making a mistake or losing a competition.

Spectators

- Respect the performances and efforts of all people.

- Reject the use of violence in any form, whether it is by spectators, coaches, officials or athletes.

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